



WEDNESDAY, JUNE 30, 2010

## Pop Weaver Microwave Popcorn - Healthy and Affordable Snacking {Giveaway - 2 Winners}



There's a new and exciting change in Pop Weaver microwave popcorn... [Pop Weaver](#), the world's 3rd largest producer of popcorn, is now making the first-ever microwave popcorn made with Canola oil! Most other popcorns are made from Palm oil which is not only high in saturated fat, but there are also environmental issues with palm oil, as it contributes to deforestation in tropical areas, and importing it uses a lot of fuel. Canola is a renewable crop that is grown in the U.S.

All three flavors, Butter, Light Butter, and Extra Butter) in the Pop Weaver microwave line have been reformulated with Canola oil to help lower bad cholesterol and protect against coronary heart disease, heart attacks and strokes. And, at only 21 cents per full bag popped, no other snack provides this great nutritional value at such a low cost.

We received a box of their Butter variety. It is really tasty, and the kids and adults both love it here at our house. It's also not greasy like some butter popcorns are, which equals less mess, and that's always nice! With most healthy snacks, you end up sacrificing when it comes to flavor, but not so with [Pop Weaver](#) popcorn.

With only 260 calories, 2g saturated fat, and 0g trans fats per full bag popped, new Pop Weaver Extra Butter microwave popcorn will satisfy your butter craving without blowing your diet. The Light Butter and Butter flavors – which carry the Heart Check designation – contain only 210 calories and 230 calories per full popped bag, respectively. You can't beat that! Not only are they better for you, the Pop Weaver popcorn is an affordable way to keep my kiddos satisfied at snack time. [Click here](#) to find your nearest retailer that carries Pop Weaver products. Find out more online at [www.popweaver.com](http://www.popweaver.com).

**Win It:** TWO lucky readers will receive a box of Light Butter and a box of Extra Butter Pop Weaver microwave popcorn! For your first required entry, just swing on over to [www.popweaver.com](http://www.popweaver.com), click on "Find Us" and leave a comment below telling me the closest retailer near you that carries Pop Weaver products! All entries must be received by 11:59 PM EST on July 12th

## Want extra entries?

1. Follow [Pop Weaver](#) on Twitter.
2. Show [Pop Weaver](#) you like them on Facebook and leave a message letting them know you entered this giveaway.
3. Enter this giveaway in a giveaway linky on another blog. Be sure to leave me the url to the linky you posted the link to! **(Can be done twice - Good for 2 extra entries each time)**
4. Follow [My Four Monkeys](#) on Twitter and tweet about the giveaway **(This can be done once daily)** including a link to the giveaway and @MyFourMonkeys or you can copy and paste this:  
**Win 2 boxes of the new microwave popcorn with canola oil from @PopWeaver - #GIVEAWAY @MyFourMonkeys! <http://bit.ly/9VyZKP>**
5. Subscribe to My Four Monkey RSS Feed and/or via email.
6. Become a My Four Monkeys follower on Blogger.
7. Join the [My Four Monkeys fan page](#) on Facebook and leave a comment about this giveaway.
8. Blog about this giveaway and link back to this page (leave your post url). **(Good for 2 extra entries)**
9. [Stumble](#) this post (the post, not the site). Leave a comment with your Stumble name and/or URL. **(Now easily done with the "Share This" button at the bottom of the post!)**
10. Grab our button and put it on your blog (leave your blog url).

**\*\*NOTE: Leave one comment for every entry. You must have a visible email address in your Blogger Profile, otherwise it needs to be listed on every entry!!\*\***

### Giveaway Rules:

1. Giveaway is open to US residents only unless otherwise stated.
2. You must answer the question in the giveaway accordingly. Please don't just say "I want to win" or "Pick me."
3. Winner will be chosen via random.org and notified via email.
4. Winner will be asked to respond with full contact information within 48 hours of being notified. Failure to do so will result in another winner being picked.



*\*\*Thank you to Pop Weaver for providing the products for review and giveaway! I only recommend products or services I can stand behind and believe will be good for my readers. I was not required to write a positive review, nor was I paid for this review. The opinions I have expressed are my own. If you have any questions please refer to my*

*[Terms of Use.](#)\*\**

Angie

