

SECOND TIME AROUND

My journey through life as I go through my
"seconds"...my second pregnancy,
second child, second house, etc.

Tuesday, June 29, 2010

Pop Weaver Microwave Popcorn Made with Canola Oil Review & Giveaway (2 Winners)



I am a HUGE fan of popcorn, so when I heard about the new Pop Weaver Microwave Popcorn made with Canola Oil, I was really excited! This is a great tasty and healthy snack for kids (as well as adults).

POP WEAVER LAUNCHES FIRST MICROWAVE POPCORN MADE WITH CANOLA OIL (from the Press Release)

New Product Combines Improved Buttery Taste with the Health Benefits of Canola Oil
Pop Weaver® is introducing the first microwave popcorn to be made with Canola oil.

The new and improved formulation of the popcorn enhances the rich, buttery taste that Pop Weaver is known for, and is lower in calories, total fat, saturated fat and sodium, while also providing Omega-3, Omega-6 and Omega-9 fatty acids.

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All three flavors in the Pop Weaver microwave popcorn line – Light Butter, Butter and Extra Butter – have been reformulated to incorporate Canola oil. Both Light Butter and Butter carry the American Heart Association's Heart Check mark, designating them as heart-healthy products. All three flavors also contain zero grams of trans fat.

Pop Weaver's Canola oil blend is primarily comprised of "heart healthy" polyunsaturated and monounsaturated fats, which help to lower LDL (bad) cholesterol, and supply Omega-3, Omega-6 and Omega-9 fatty acids, helping to protect against coronary heart disease, heart attacks and strokes. And the popcorn provides other health benefits, as well, since it is a good source of whole grains. Not only does it contain fiber, but a study released this summer found that popcorn also provides healthy antioxidants. In fact, because it is unprocessed, according to the study, popped popcorn provided more antioxidants than any other snack food tested.

MY REVIEW

We love popcorn and we always have at least one box of microwave popcorn in our cupboards. Lately I have been trying to find a more healthy option, but the ones I've tried don't taste very good. So I was a little bit skeptical about Pop Weaver's Microwave Popcorn made with Canola Oil. We got to review the Extra Butter kind which I was happy about because I love extra butter! After I popped the popcorn in the microwave it smelled and looked great! Now for the big test...the taste! I was amazed, it tasted so good! It was actually one of the best microwave popcorn I've ever had! The popcorn is light and fluffy and not drenched in oil at all. It's perfectly seasoned and tastes fantastic.



My husband isn't really a fan of popcorn, but after he tried this, he ended up having to go pop his own bag to eat because it's really that yummy! The fact that it is made with canola oil so it has health benefits as well as low in calories makes this popcorn a must have for every family's cupboard! We love it and will definitely be buying more!



The Pop Weaver microwave popcorn comes in 3 different flavors:

Extra Butter •Richest buttery flavor

- 260 calories per full bag popped
- 2g saturated fat per full bag popped
- Provides only 10% of the Recommended Daily Value of saturated fat per full bag popped
- 0g trans fat per full bag popped

Butter •Rich buttery flavor

- Earned the American Heart Association Heart Check Mark
- 230 calories per full bag popped
- 1g saturated fat per full bag popped
- Provides only 5% of the Recommended Daily Value of saturated fat per full bag popped
- 0g trans fat per full bag popped

Light Butter •Light buttery flavor

- Earned the American Heart Association Heart Check Mark
- 210 calories per full bag popped
- 1g saturated fat per full bag popped
- Provides only 5% of the Recommended Daily Value of saturated fat per full bag popped
- 0g trans fat per full bag popped

So be sure the next time you go shopping to look for New Pop Weaver Microwave Popcorn Made with Canola Oil. It is available at mass market retailers, discount stores, and grocery stores nationwide.

GIVEAWAY: Two (2) Lucky winners will each receive a box of Light Butter and a box of Extra Butter Microwave with Canola Oil Popcorn

MANDATORY: To enter, you **MUST** head on over Pop Weaver and tell me why you are excited to try out this new product.